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***International Training Center for Acquatic Osteopathy***

***Professional training contract***

*(mandatory used when the beneficiary finances himself*

*its training: articles from L. 6353-3 to 6353-7 of the labor code)*

**Among those signed:**

**Training organization: Vilpert Cabinet of Osteopathy and Aquatic Osteopathy**

**Espace Méditrine 1432 Route du Revard 73100 Trévignin**

Declaration of activity registered with the number: 82730146973 at the Prefect of the Rhône-Alpes region

And: Surname: Name:

 Address :

 City :

 Phone: Email:

Date of birth :

For osteopaths qualified in France, ADELI number:

For osteopaths qualified outside France, name and address of the training school:

Nominated by: **the intern**

A professional training contract is concluded in application of articles L. 6353-3 to L. 6353-7 of the Labor Code.

**Article I Subject:**

In execution of this contract, the training organization undertakes to organize the training action entitled: **Training in international aquatic osteopathy.**

**Article II Nature and characteristics of training actions**:

- The training action falls into the category of actions for the acquisition, maintenance or improvement of knowledge provided for by article L. 6313-1 of the Labor Code.

- This training aims to prepare osteopaths to work in aquatic osteopathy in an establishment with a swimming pool.

- At the end of the training a certificate will be issued to the trainee.

- Its duration is set at: 4 full days or 32 hours of training.

- The detailed program of the training action is shown in the appendix to this contract.

**Article III Required level of prior knowledge:**

In order to best follow the aforementioned training intervention and obtain the qualification(s) for which it prepares, the trainee is informed that it is necessary to possess, before accessing the training, the following level of knowledge: **be an exclusive osteopath or student from 5th year of osteopathy and understand and speak one of the following languages: French or English.**

**Article IV Organization of the training action**

- Training location: Espace Méditrine 1432 Route du Revard 73100 Trévignin France

- The training will take place from / / to / /

- It is organized for a staff of 4 trainees.

-The general conditions under which the training is provided, in particular the educational and technical means, the knowledge control methods, are as follows:

**Day 1 and 2**: Theoretical course the first morning then learning aquatic osteopathy techniques in the pool.

 Verification of acquired knowledge on the second afternoon during clinical cases.

**Day 3 and** 4: The first morning verification of the acquired knowledge of the first 2 days and theoretical course then improvement in the swimming pool of aquatic osteopathy techniques and learning of new techniques. Verification of acquired knowledge on the last afternoon during clinical cases.

-The diplomas, titles or references of the person(s) responsible for training are indicated below:

 Ségolène Vilpert Graduated from the Ecole Supérieure d’Osteopathie de Paris and the International Society of Osteopathy of Geneva in 2006.

 Training in Aquatic Osteopathy in Canada with Michel Dufresne in 2003

 Divemaster PADI 2000

**Article V Withdrawal period article L 6353-5 of the Labor Code**

From the date of signing this contract, the trainee has a period of **10 days** to withdraw, he or she informs the training organization by registered letter with acknowledgment of receipt. In this case, no sum can be demanded from the trainee.

**Article VI Financial provisions**

- The price of the training is set at 1600 euros.

The price of training is not subject to VAT

After a withdrawal period mentioned in article 5 of this contract, the trainee undertakes to make a deposit transfer of 600 euros to validate his registration then a payment of 1000 euros on the last day. Registrations are made in order of receipt of complete registration files.

**Article VII Interruption of the internship**

In the event of early termination of the training due to the training organization or abandonment of the internship by the trainee for a reason other than duly recognized force majeure, this contract is terminated according to the following financial terms:

In the event of termination during training due to the training organization, half of the amount will be due and a later date will be chosen between the participants to finish the training. The other half of the amount will be due once the training is completed.

In the event of cancellation of the training, due to the training organization, it undertakes to reimburse the deposit or keep it for the next training if the trainee so wishes.

In the event of abandonment by the trainee for reasons other than force majeure, the full amount of the two seminars is due.

If the trainee is prevented from following the training due to duly recognized force majeure, the professional training contract is terminated. In this case, only the services actually provided are due in proportion to their value provided for in this contract.

**Article VIII Case of dispute:**

If a dispute or dispute cannot be resolved amicably, the Chambéry court will have sole jurisdiction to settle the dispute.

Done in duplicate, on

For the trainee For the training organization

(Last name, first name and signature of the trainee) Ségolène Vilpert Osteopath

 

**If you have food allergies or do not eat certain foods (gluten intolerance, vegetarian, etc.) please specify here:**

**If you have a disability, please let me know here so that we can adapt your training:**



**Mme Ségolène Vilpert**

**Ostéopathe D.O.F. – D.O.E.**

Diplômée de l’Ecole Supérieure d’Ostéopathie Paris

Diplômée de la SIO Genève

Membre du Syndicat Français Des Ostéopathes

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N° ADELI 730000197

**TRAINING PROGRAM**

**International Aquatic Osteopathy**

**The objectives of the first 2 days:**

Discover aquatic osteopathy, its history, its principles, the physical and physiological laws that govern it, its indications and contraindications, the methodology as well as the theory behind the techniques used. Understand the advantages and disadvantages of aquatic osteopathy compared to traditional osteopathy and acquire the practical foundations of aquatic osteopathy through the teaching of aquatic osteopathy techniques.

The objectives of the 3rd and 4th days:

Deepen the theoretical and practical knowledge acquired during the first 2 days, know how to react to “aquaphobia” and hysteria, understand the interest and know how to carry out an osteopathic treatment preparatory to a consultation in aquatic osteopathy. Be able to work in a center with a swimming pool suitable for aquatic osteopathy.

**The program :**

The theoretical part takes place in a training room at the Espace Méditrine and uses a power point as well as paper course materials in French, English or Italian.

The practical part takes place in one of the swimming pools of the Espace Méditrine designed for the practice of aquatic osteopathy (swimming pool heated to 35ºC, depth: 1m20, size: 12 m²). The practice is done in pairs supervised by Ségolène Vilpert

All the equipment necessary for the practice of aquatic osteopathy is made available on site (different head floats, foot floats, frits, shower).

Documentation on osteopathy and aquatic osteopathy is also available on site.

**Former :**

**Ségolène Vilpert**

Graduated from the Ecole Supérieure d’Osteopathy de Paris and the International Society of Osteopathy of Geneva in 2006.

Training in Aquatic Osteopathy in Canada with Michel Dufresne in 2003.

PADI Divemaster

Office practice of osteopathy and aquatic osteopathy and trainer in aquatic osteopathy since 2006

**Detailed program :**

**Day 1**

**9 a.m. – 1 p.m.: Theory**

- Welcome and presentation around breakfast

- Introduction

- History of aquatic therapies and aquatic osteopathy

- The different aquatic therapies

- Regulation of aquatic osteopathy and evolution since 2003

- Physics and physiology in a warm aquatic environment

- Necessary conditions for the good practice of aquatic osteopathy

- Small equipment

- Advantages and disadvantages of the aquatic environment

- Indications and contraindications to aquatic osteopathy

- Emotional reactions in aquatic osteopathy

- Pregnant women

- Progress of a consultation

- Observation

- Ripple

- Technical expertise in aquatic osteopathy

- Fascia

- Treatment methodology

**1 p.m. – 2 p.m.: Lunch and discussion with Ségolène Vilpert**

**2 p.m. – 6 p.m.: Practice**

- Briefing

- Choice and installation of floats

- Observations in an aquatic environment

- Ripples

- Tests and treatment of the peripheral skeleton.

**Day 2**

**9 a.m. – 1 p.m.: Practice**

- Reviews

- Visceral tests and techniques

- Tests and techniques of the cranio-sacral system.

**1 p.m. - 2 p.m.: Lunch and discussion with Ségolène Vilpert**

**2 p.m. – 6 p.m.: Practice**

- Scenario: practice of a supervised aquatic osteopathy treatment, observation of the treatment for the other pair.

- Discussion on the treatment carried out, summaries of achievements and points for improvement.

- Scenario: practice of an aquatic osteopathy treatment, observation of the treatment for the other pair (continued).

- Discussion on the treatment carried out, summaries of achievements and points for improvement.

- Training debriefing. Discussion on everyone's feelings in the aquatic environment, the differences with table treatment.

**Day 3**

**9 a.m. – 1 p.m.: Theory**

- Test to verify the theoretical knowledge acquired during the first 2 days MCQ

- Correction of the test and assessment since the end of the 1st seminar

- The emotional

- Hysteria

- Flotosteo® floats

- Osteopathic treatment preparatory to a consultation in aquatic osteopathy

- Reminder of the conditions necessary for the good practice of aquatic osteopathy and their reasons for being

- Concept of decoding and symbolism

**1 p.m. - 2 p.m.: Lunch and discussion with Ségolène Vilpert**

**2 p.m. – 6:30 p.m.: Practice**

- Review and improvement of aquatic osteopathy techniques with implementation of the emotional tool

**Day 4**

**9 a.m. – 1 p.m.: Practice**

- Osteopathic treatment preparatory to a consultation in aquatic osteopathy

**1 p.m. - 2 p.m.: Lunch and discussion with Ségolène Vilpert**

**2 p.m. – 6 p.m.: Practice**

- Scenario: practice of a supervised aquatic osteopathy treatment, observation of the treatment for the other pair. The objective to achieve during this treatment is the complete care of the patient, that is to say from a physical and emotional point of view.

- Discussion on the treatment carried out, summaries of what has been learned and points for improvement then change of group and so on so that all the trainees have been practitioner and patient.

- Training debriefing. Discussion on everyone's feelings in the aquatic environment, the differences with table treatment.

- Presentation of the International Aquatic Osteopathy Training certificate.